Weekly Study Planner

Plan once a week, in 30 minutes. Then follow it day by day.

thynq.org

Week of: _____

THIS WEEK'S TOP 3

The three pieces of work that matter most this week.

1. _____
2. _____
3. _____

BLOCK	MON	TUE	WED	THU	FRI	SAT	SUN
1							
2							
3							
4							
5							
6							

ONE THING TO FINISH EACH DAY

_____ _____ _____ _____ _____ _____ _____

Count free time in blocks of 25 or 50 minutes. Hardest work goes in your best hours. Leave one spare block. Move a block, do not delete it.

WEEKLY REVIEW — CHANGE ONE THING

- [ ] How many of this week's blocks actually happened, and how many were missed or moved?
- [ ] Which blocks were missed, and why — fixed hours I forgot, tasks too big, phone, tiredness, or something else?
- [ ] Which subject got less time than it needed, and which got more than it needed?
- [ ] What did I guess wrong about size — which tasks took more blocks than I planned, and which took fewer?
- [ ] What is the one change I will make next week — and only one?